

# SOME OF MY MEMORIES

My Surname \_\_\_\_\_ My Maiden Name \_\_\_\_\_

Christian Names \_\_\_\_\_

Current Address \_\_\_\_\_

Telephone / Email \_\_\_\_\_

Today's date \_\_\_\_\_

Personal details, full name, when & where you were born. Do you have any nicknames, how did they start? Were you named after someone?

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Parents, their full names, when & where were they born, where did they marry. Describe your Mother & Father. What did your Dad do for a living? Did your Mother work?

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Do you have brothers & sisters. What are their names, when were they born. Do you remember when any of them were born?

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What are your earliest childhood memories? What games did you play, friends?

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Describe some of your clothes, what you ate. What were your favourite things?

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Did you go on holidays and outings, and where? What did you do in your spare time?

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Do you remember your home, where was it, describe it. Did you have to do chores?

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What was the name of the town you grew up in? What was it like? Describe the streets, shops and facilities?

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Did you do anything special on your birthday? Do you recall any parties?

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What did you do at Christmas? How did your family celebrate? What sort of presents did you get?

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Where did you attend school? Do you recall your first day of school, how old you were, the year. What did you wear?

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Describe your class room and some of your teachers. What did you like & dislike about school. Did you play sport?

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Do you remember your both sets of grandparents. What were their names, do you know where and when they were born. Can you describe them. Where did they live? Did they talk about their childhood?

Your father's parents?

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Your mother's parents

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Do you recall other relatives? Aunts, uncles & cousins. What relations do you recall, where did they live, did you visit.

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Can you remember any stories about relatives? Did you have any family gatherings or traditions.

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What was your first job, describe the duties. How much were you paid. What did you like about the job. Did you travel to work, what friends did you have at work. What other jobs have you had?

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Your first date, special friendships what you did in your spare time, growing up.

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Meeting your spouse, where, what dates did you go on. Your courtship.....

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Your marriage. Where was it, who planned it, what did you wear. Did you have attendants. Family life, children, husband and home. Did you have children, when & where were they born. What stands out in your family life?

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Describe some of your feelings about love and commitment

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Did you attend Sunday School & church as a child. What are your beliefs about religion and God, and how they relate to life

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Your thoughts about some of the experiences in your life that you lived through, suffered about and triumphed over.

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What are your hobbies and interests? Have they changed over the years. What events stand out, that you have attended. Did you go to dances or musical events?

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Have you travelled in your life? Where did you go, who with. Did you enjoy and dislike about going to new places.

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What are some of the things you did, and the things you didn't do, and wanted to. What things would do differently, now, if you could.

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What are your values about family, work, friendship. Have these changed over the years?

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What are some of the significant events that have taken place in your lifetime, events in your town, your state, your country. What were you doing on that day, has it affected you in anyway. (i.e. *Man walking on the Moon in 1969*)

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Anything else you may want to add?

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